



Dr. med dent Abdulmajeed Okshah

Surgical Prosthodontist & Sports Dentist

Dedicated Dental Surgeon with 15 years of experience in dentistry, specializing in Prosthodontics, Implantology, and Sports Dentistry. Experienced in Functional and Neuromuscular Dentistry, with a strong focus on occlusion, posture, and performance optimization. Devoted to staying at the forefront of digital and advanced dental technologies to ensure the highest standards of patient care and clinical outcomes.

✉ Okshah@kku.edu.sa

☎ +966509399380

📍 Abha, Saudi Arabia

SKILLS

Digital Dentistry

Fixed and Removable Prosthodontics

Maxillofacial Prosthodontics

Dental Implantology

Sports Dentistry

Dental Education

Microsoft Office

Leadership

Public Speaking

Storytelling

WORK EXPERIENCES

Head of the Department of Basic Medical Sciences

King Khalid University

06/2025 - till Date

Achievements/Tasks

- Provide strategic leadership and academic direction
- Lead curriculum development, course integration, and modernization of teaching methods
- Coordinate and support faculty in research activities and fostering interdisciplinary collaboration

Assitant Professor and surgical Prosthodontist

King Khalid University

05/2023 - till Date

Achievements/Tasks

- Ambassador of the Deanship of E-Learning
- Teaching the residents of the Saudi board of Prosthodontics
- Performance of complex oral and maxillofacial rehabilitation

Contact : Dr. Abdulkhaliq Alshadidi - aalshadidi@kku.edu.sa

Abha, Saudi Arabia

Senior resident, Doctroral researcher and Assitant Professor

Universitätsklinikum Tübingen

10/2016 - 04/2023

Achievements/Tasks

- Delivered various treatments specially full mouth rehabilitation
- Performed intra/extra-oral prosthetic rehabilitation of tumor patients
- Taught and observed the undergraduate students

Contact : PD.Dr. Eva Engel - eva-maria.engel@med.uni-tuebingen.de

Tübingen, Germany

Clinical resident and Guest researcher

Universitätsklinikum Freiburg

10/2014 - 09/2016

Achievements/Tasks

- Assisted in dental material researches of ceramic implants and prosthetic supra-constructions
- Performed perio-prosthetic reconstructive dental treatments
- Treated patients with Craniomandibular disorders (CMD)

Contact : Prof. Dr. Dr. h.c. Jörg R. Strub - Breisacherstr. 84, 79110 Freiburg

Freiburg, Germany

WORK EXPERIENCES

Teaching Assistant and Dental surgeon King Khalid University and Aseer central hospital

11/2012 - 03/2014

Abha, Saudi Arabia

Achievements/Tasks

- Taught students on dental material sciences and prosthodontics
- Worked as a dental resident in the departments of prosthodontics and dental emergency
- Supervised students' extracurricular activities

Contact : Dr. Abdulkhaliq Alshadidi - aalshadidi@kku.edu.sa

EDUCATION

Master of Business Administration (MBA) in Health Management and Digital Health Fachschuhle des BFI Wien

07/2023 - till Date

Vienna, Austria

Master of Dental Sciences (MDSc) Medical university of Vienna

02/2014 - 12/2018

Vienna, Austria

Doctorate of Dental Medicine (Dr. med dent)

Universitätsklinik Tübingen

10/2018 - 03/2023

Tübingen, Germany

Bachelor of Dental Surgery (BDS) King Khalid University

06/2005 - 06/2011

Abha, Saudi Arabia

POSTGRADUATE EDUCATION

Professional Doctorate in Sports Medicine and Injuries (01/2023 - 01/2024)

University of Nevada, USA

Specialization program of sports dentistry (01/2020 - 06/2020)

German society of sports dentistry (DGSZM)

Fellowship and German board certification of dental Implantology (01/2016 - 11/2016)

Kiel University and German Society of dental Implantology (DGI)

Fellowship program in maxillofacial prosthodontics (10/2020 - 10/2021)

Universitätsklinik Tübingen

- Combined program between the departments of prosthodontics and oral and maxillofacial surgery

Specialization program of CAD/CAM and digital dentistry (01/2019 - 09/2019)

LMU Universitätsklinikum München

PRESENTATIONS IN CONFERENCES

Pioneering the future of smiles in Saudi Arabian Athletes through advanced dentistry (04/2024)

European College of Sports and Exercise Physicians in Riyadh, KSA

Sports Dentistry: Beyond a Mouthguard! (09/2022)

European Association of Prosthodontics in Siena, Italy

Navigation System Towards Prosthodontics Specialization (09/2018)

European Association of Prosthodontics in Madrid, Spain

Does Khat chewing habit associated with Temporomandibular disorders in undergraduate Students? (05/2017)

German Society of Prosthodontics and dental biomaterials (DGPro) in Gießen, Germany

Rebuilding faces, rebuilding lives: Craniofacial Implants unveiled (12/2023)

Saudi Society of Oral and Maxillofacial surgery in Jazan, Saudi Arabia

Dental Management of Obstructive Sleep Apnea (09/2019)

International College of Prosthodontics in Amsterdam, Netherlands

Patterns of Edentulism in the Presence of Khat Chewing Habit (11/2018)

Deutscher Zahnärztag 2018 in Frankfurt, Germany

Dose Khat Chewing Habit Influence Patterns of Edentulism ? (09/2016)

FDI Annual World dental congress in Poznan, Poland

PUBLICATIONS

Article

Machine learning based approach for surface roughness prediction in precision dental prototyping

Saini RS,

Okshah A, et al

09/25

Sci Rep

Article

The association between genetic factors and temporomandibular disorders: A systematic literature review

Alshahrani AA

Okshah A, et al.

06/2024

Arch Oral Biol.

Article

Dental biomaterials redefined: molecular docking and dynamics-driven dental resin composite optimization

Saini RS,

Okshah A, et al.

05/2024

BMC Oral Health

Article

The flexural strength of 3D-printed provisional restorations fabricated with different resins: a systematic review and meta-analysis

Saini RS

Okshah A, et al.

01/2024

BMC Oral Health

Article

Prevalence and Severity of Temporomandibular Disorders among Undergraduate Medical Students in Association with Khat Chewing

Al Moaleem MM

Okshah A, et al.

01/2017

J Contemp Dent Pract

Article

The Impact of Bruxism on Athletic Performance: a Systematic Review and Meta-analysis

05/2024

Int J Sports Med

Article

Comparative efficacy of photobiomodulation on osseointegration in dental implants: A systematic review and meta-analysis

Saini RS

Okshah A, et al.

06/2024

Photodiagnosis Photodyn Ther.

Article

Evaluation of the effect of chemical disinfection and ultraviolet disinfection on the dimensional stability of polyether impression material: an in-vitro study

Joshi S

Okshah A, et al.

04/2024

BMC Oral Health

Review article

Comparative analysis of different types of occlusal splints for the management of sleep bruxism: a systematic review

Ainoosah S

Okshah A, et al.

01/2024

BMC Oral Health

Article

Management of Obstructive Sleep Apnea an Overview and Case Report

Okshah A

Okshah A

01/2020

Oral Health and Dentistry

MEMBERSHIPS AND ORGANIZATIONS

Academy of Sports Dentistry (2024 - till Date)

International Association for Surgical Prosthetics and Epithetics (IASPE) (2021 - till Date)

Saudi Prosthodontics Socitey (2020 - till Date)

German Socitey of dentistry and oral and maxillofacial surgery (DGZMK) (2014 - till Date)

European Association 4 Sports Dentistry (2021 - till Date)

German Socitey of Prosthodontics and dental biomaterials (DGPro) (2018 - till Date)

GermanSocitey of Sports Dentistry (DGSZM) (2020 - till Date)

Saudi Dental Society (2008 - till Date)

LANGUAGES



Arabic



German



English



spanish



Portugues